

# *Trusting God - Guidance*

## *Scriptures*

### *1 Samuel 23:1-15*

*1 Then they told David, saying, Behold, the Philistines fight against Keilah, and they rob the threshingfloors. 2 Therefore David enquired of the Lord, saying, Shall I go and smite these Philistines? And the Lord said unto David, Go, and smite the Philistines, and save Keilah. 3 And David's men said unto him, Behold, we be afraid here in Judah: how much more then if we come to Keilah against the armies of the Philistines? 4 Then David enquired of the Lord yet again. And the Lord answered him and said, Arise, go down to Keilah; for I will deliver the Philistines into thine hand. 5 So David and his men went to Keilah, and fought with the Philistines, and brought away their cattle, and smote them with a great slaughter. So David saved the inhabitants of Keilah.*

*6 And it came to pass, when Abiathar the son of Ahimelech fled to David to Keilah, that he came down with an ephod in his hand. 7 And it was told Saul that David was come to Keilah. And Saul said, God hath delivered him into mine hand; for he is shut in, by entering into a town that hath gates and bars. 8 And Saul called all the people together to war, to go down to Keilah, to besiege David and his men.*

*9 And David knew that Saul secretly practised mischief against him; and he said to Abiathar the priest, Bring hither the ephod. 10 Then said David, O Lord God of Israel, thy servant hath certainly heard that Saul seeketh to come to Keilah, to destroy the city for my sake. 11 Will the men of Keilah deliver me up into his hand? will Saul come down, as thy servant hath heard? O Lord God of Israel, I beseech thee, tell thy servant. And the Lord said, He will come down. 12 Then said David, Will the men of Keilah deliver me and my men into the hand of Saul? And the Lord said, They will deliver thee up.*

*13 Then David and his men, which were about six hundred, arose and departed out of Keilah, and went whithersoever they could go. And it was told Saul that David was escaped from Keilah; and he forbare to go forth. 14 And David abode in the wilderness in strong holds, and remained in a mountain in the wilderness of Ziph. And Saul sought him every day, but God delivered him not into his hand. 15 And David saw that Saul was come out to seek his life: and David was in the wilderness of Ziph in a wood.*

## Reflection

*How much time this week have you spent with God?*

*Of the time that you spent in prayer or reading the Bible, how many times did you find your mind begin to wander?*

*Is there currently a situation in your life that you feel you need God's guidance on?*

*Do you feel that He has left you to figure it out on your own? If so, how much time have you focused on Him? Sitting down to read and pray is one thing, but when you find that your mind is wandering every direction are you truly focused on spending time with Him?*

*Without spending time focused on Him, it is hard to get to know Him which in turn makes it difficult for Him to guide you.*

## Worship

*Every Move I Make*

*Oceans*

*Be Thou My Vision*

*Show Me Your Ways*

## Today I'm Thankful For

*Think of a situation from when you were a child and your parent, grandparent, or another adult you were close to helped guide you. Has there been a time that you have done the same for another person? When we have been shown the guidance we need we are able to then become the Godly counsel needed for others.*

A field of yellow wildflowers, possibly Black-eyed Susans, is shown in a soft, golden light. The flowers are in various stages of bloom, with some fully open and others as buds. The background is a bright, hazy sky, creating a warm and peaceful atmosphere. The text is overlaid in a black, elegant cursive font.

*The meek will he guide  
in judgment:*

*and the meek will he teach  
his way. Psalm 25:9*